

# Guidelines and Suggestions for Our Learn to Swim Program

Palm Beach Gardens Recreation

---



- All children will be evaluated and placed in their appropriate level on the 1<sup>st</sup> day of class. This will be determined by the swim instructors and/or management.
  - Parents are required to stay within the Aquatic Complex during their child's lesson.
  - When possible, please refrain from allowing children to eat more than a light snack prior to class.
  - Please ask your child to use the restroom prior to class.
  - If the child is not potty trained, they must wear a swim diaper at all times.
  - We ask that parents refrain from interacting with their children during lessons.
  - Parents should direct all questions and comments to the swim instructors at the end of the class.
  - Please help make this experience a positive and memorable one. Positive reinforcement and acknowledgment of their every accomplishment is encouraged.
  - In the event that you have a question as to whether class will be held due to inclement weather, please call 561-630-1127 one half hour prior to the start of your child's scheduled swimming lesson.
  - In the event a swimming lesson is cancelled due to inclement weather, five minutes will be added on to the remaining swimming lessons for that session. This will only be done for one swimming lesson lost to weather. If your child is not in attendance, and the class is held, you will not receive a makeup time.
- 

(561)630-1100  
[www.pbqfl.com](http://www.pbqfl.com)  
[recinfo@pbqfl.com](mailto:recinfo@pbqfl.com)

**Aquatic Complex**  
PALM BEACH GARDENS

Recreation...Make It Part of Your Life!

*This publication is funded  
through program revenue*