



All youth programs take place at Burns Road Recreation Center unless otherwise noted.

THE STUDIOS AT PALM BEACH GARDENS: YOUTH RECREATIONAL DANCE

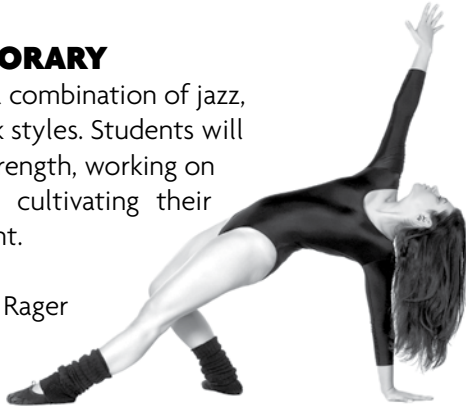
Sign up and join these classes at any time. Recreation dance classes will be pro-rated if starting late. There is no dance recital for summer classes.

JAZZ & CONTEMPORARY

Heat up summer with a combination of jazz, contemporary and funk styles. Students will focus on developing strength, working on higher-level skills and cultivating their own sense of movement.

AGE: 10-19

INSTRUCTOR: Chelsea Rager



DAY	DATE	TIME	R/NR FEE	CODE
Mon	Jun 4-25	5:30-6:25pm	\$44/\$55	221004-1A
Mon	Jul 9-30	5:30-6:25pm	\$44/\$55	221004-2A

NEW! LEAPS, TURNS, TRICKS & FLEXIBILITY

Take your dancing to the next level with this dynamic new class! This class is for the advanced dancer looking to add to their skill set. Class will begin with strength building and progress to a focus on more difficult jumps and turns, as well as work on new flexibility and acrobatic inspired tricks.

AGE: 10-19 | **INSTRUCTOR:** Chelsea Rager

DAY	DATE	TIME	R/NR FEE	CODE
Mon	Jun 4-25	6:30-7:25pm	\$44/\$55	221004-1B
Mon	Jul 9-30	6:30-7:25pm	\$44/\$55	221004-2B

SUMMER ELITE COMPETE

This class is for new and returning Elite Compete members. Dancers will learn one new competition routine over the course of the summer. No class July 2.

AGE: 12-19 | **INSTRUCTOR:** Chelsea Rager

DAY	DATE	TIME	R/NR FEE	CODE
Mon	Jun 4-Jul 30	7:30-8:25pm	\$88/\$110	221005-1

HIP HOP BASICS

This class provides a structured method of learning in various Hip-Hop dance elements in a positive and encouraging class environment and offers assorted sets of original steps and combinations.

AGE: 7-13 | **INSTRUCTOR:** Maria Hernandez

DAY	DATE	TIME	R/NR FEE	CODE
Tue	Jun 5-26	6:00-6:55pm	\$44/\$55	221001-1A
Tue	Jul 3-24	6:00-6:55pm	\$44/\$55	221001-2A

HIP HOP BEGINNER/INTERMEDIATE

This class will encourage students to step outside of the box by bringing their own individual style and personality to the movements. Hip hop dance requires students to have the strength and stamina to successfully perform moves. Therefore, this class will help prepare students for more intense movements in a fun, energetic environment. 1-2 years Hip Hop preferred.

AGE: 12-18 | **INSTRUCTOR:** Maria Hernandez

DAY	DATE	TIME	R/NR FEE	CODE
Tue	Jun 5-26	7:00-7:55pm	\$44/\$55	221001-1B
Tue	Jul 3-24	7:00-7:55pm	\$44/\$55	221001-2B

ABT BALLET/PRE POINTE

This ballet class is designed for the dedicated students wanting to develop and strengthen their ballet skills with aspirations of pointe work. Ballet vocabulary and technique is taught through barre and center floor work, including combinations across the floor. This class also begins to bring attention to the artistry of ballet movement and fluidly connecting steps, as well as preparing young dancers for auditions and performances.

REQUIREMENTS: 2 years ballet technique

AGE: 10-16 | **INSTRUCTOR:** Nicole Haag

DAY	DATE	TIME	R/NR FEE	CODE
Wed	Jun 6-27	5:45-7:15pm	\$66/\$83	221003-1A
Wed	Jul 11-Aug 1	5:45-7:15pm	\$66/\$83	221003-2A

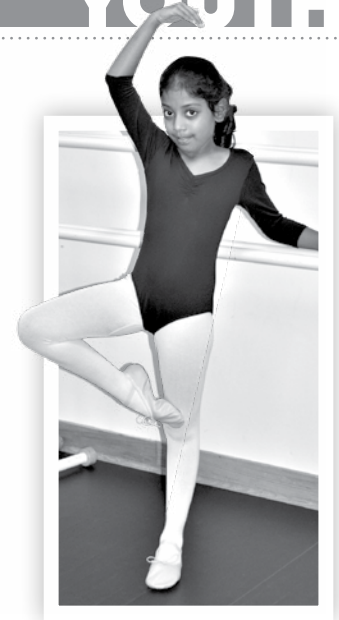
ABT BALLET/POINTE

Dedicated and disciplined students must successfully demonstrate significant progression in overall strength, balance, and alignment continued from Pre Pointe. Additionally, students should be able to cleanly and steadily execute combinations learned in Pre Pointe. This Pointe class will take exercises practiced in Pre Pointe to the next level by engaging in center and across the floor combinations that require greater speed, control, strength, stamina and complexity.

AGE: 12-19 | **INSTRUCTOR:** Nicole Haag

DAY	DATE	TIME	R/NR FEE	CODE
Wed	Jun 6-27	7:15-8:45pm	\$66/\$83	221003-1B
Wed	Jul 11-Aug 1	7:15-8:45pm	\$66/\$83	221003-2B

Enjoy the convenience of online registration: PBGREC.COM/LOGIN



LEAPS & BOUNDS

Is your child ready to take a leap and join our dance class without mommy for the first time? This class is designed to introduce your child to dance through music, creative movement and the fundamentals of ballet.

AGE: 3-4 | **INSTRUCTOR:** Nicole Haag

DAY	DATE	TIME	R/NR FEE	CODE
Sat	Jun 9-30	9:00-9:45am	\$44/\$55	211001-1B
Sat	Jul 7-28	9:00-9:45am	\$44/\$55	211001-2B

BALLET/TAP COMBO

Aspiring dancers learn the basics of both ballet and tap while gaining awareness of tempo and coordination. Ballet and tap shoes are required for this one-hour class.

AGE: 4-6 | **INSTRUCTOR:** Nicole Haag

DAY	DATE	TIME	R/NR FEE	CODE
Sat	Jun 9-30	9:45-10:45am	\$56/\$70	211001-1C
Sat	Jul 7-28	9:45-10:45am	\$56/\$70	211001-2C

BALLET BASICS

In this fun beginner class, young dancers will learn ballet positions and fundamental exercises. Rhythm, body awareness and creativity are encouraged.

AGE: 5-7

INSTRUCTOR:

Nicole Haag

DAY	DATE	TIME	R/NR FEE	CODE
Sat	Jun 9-30	10:45-11:30am	\$44/\$55	221003-1C
Sat	Jul 7-28	10:45-11:30am	\$44/\$55	221003-2C

SAVE THE DATE! 2018-19 FALL DANCE PROGRAM - NEW STUDENT OPEN HOUSE

Need help choosing the right class for your child? For assistance choosing the correct class type and level for your child please attend our Dance Open House. Dance instructors will be available to confirm your class selections before you register. Returning students will receive their class recommendations at the front desk when they register for fall classes. Fall registration will begin mid-August and classes begin late August. You may also contact Amy Stepper at: astepper@pbgfl.com for class recommendations.

DAY	DATE	TIME	LOCATION
Sat	Sep 8	1:00-3:00pm	Burns Road Recreation Center

THE STUDIOS AT PALM BEACH GARDENS: YOUTH ART

“SUMMERTIME” FABRIC COLLAGE-MAKING WORKSHOP LIMITED ENROLLMENT - NO FEE!

Create and assemble your very own fabric collage based on the theme, Summertime! Inspiration will be gathered while viewing the quilt exhibition currently on display at the Burns Road Recreation Center Auditorium titled, “Stitched on Cloth”. All supplies generously provided by artist, Adrienne Yorinks, including some of the artists’ own unique and special fabric designs. Don’t miss this one-time program. Parents are welcome to accompany their children and lend a hand. Pre-registration will be required.

AGE: 7-10 | **INSTRUCTOR:** Adrienne Yorinks

DAY	DATE	TIME	R/NR FEE	CODE
Tue	May 15	3:00-4:30pm	No Fee	121206-1A

CLAY EXPLORATION: TEENS & ADULTS

Learn beginning wheel throwing and hand building techniques to create original objects d’art. No class July 12, 19.

AGE: 13+ | **INSTRUCTOR:** Walford Campbell

DAY	DATE	TIME	R/NR FEE	CODE
Thu	Jun 7-Aug 9	6:15-8:45pm	\$240/\$300	231306-1

PARENT & CHILD: STORYTIME & CRAFT CORNER

Storytime and themed crafts are all part of this family fun activity. All supplies are included. Additional siblings are only \$3/\$4 each for each class.

AGE: 1-3 | **INSTRUCTOR:** Melissa Weisz

DAY	DATE	TIME	R/NR FEE	CODE
Sat	Jun 9	10:00-10:45am	\$12/\$15	211202-1A
Sat	Jul 14	10:00-10:45am	\$12/\$15	211202-2A
Sat	Aug 4	10:00-10:45am	\$12/\$15	211202-3A

KALEIDOSCOPE KIDS

Pre-school aged children will have a blast exploring the world through multicultural crafts! Little artists will create African masks with colored papers and found materials, learn about the Japanese art of Gyo-taku (Fish Rubbing), make Mexican paper flowers and more!

All supplies are included.

AGE: 3-5 | **INSTRUCTOR:** Melissa Weisz

DAY	DATE	TIME	R/NR FEE	CODE
Sat	Jun 9-30	10:45-11:30am	\$48/\$60	211206-1A
Sat	Jul 14-Aug 4	10:45-11:30am	\$48/\$60	211206-2A



YOUTH SPORTS



RHYTHMIC GYMNASTICS

This program teaches participants elements of dance, gymnastics, and ballet while also incorporating the use of apparatuses (balls, ribbon, hoops, etc.). Participants will improve dexterity, hand-eye coordination, and strength among other physical abilities. No class September 3.

INSTRUCTORS/COACHES:

Maureen Holdreith Digulimio and Nattalie Kirkconnell

JUMPING JUNIORS

AGE: 6-12

DAY	DATE	TIME	R/NR FEE	CODE
Mon	Aug 20-Oct 15	3:30-4:20pm	\$104/\$130	322521-1E
Wed	Aug 22-Oct 17	3:30-4:20pm	\$104/\$130	322521-1F
Wed	Aug 22-Oct 17	4:30-5:20pm	\$104/\$130	322521-1H

PALM BEACH RHYTHMIC GYMNASTICS CLUB TEAM

Prospective Competition Team members must audition and get a coach's approval.

AGE: 6-14

DAY	DATE	TIME	R/NR FEE	CODE
M/W	Aug 13-May 29	3:30-5:30pm	\$147/\$184 mo.	422521-3
M or W	Aug 13-May 29	3:30-5:30pm	\$80/\$100 mo.	422521-4

GYMNASTICS & FITNESS PROGRAMS

The City is proud to partner with The Gymnastics Revolution (TGR) to run the gymnastics and fitness programs listed below and to the right. TGR believes that the physical activities associated with the sport of gymnastics not only builds strength, flexibility and coordination, but has a profound and positive effect on a child's self-esteem and psychological development.

SMALL AND TALL GYMNASTICS

During this class, the parent participates with their child. We will use the beginning skills in gymnastics along with play to further the physical development and coordination of the students.

AGE: 1-2 w/parent | **INSTRUCTOR:** The Gymnastics Revolution

DAY	DATE	TIME	R/NR FEE	CODE
Thu	Aug 23-Oct 11	10:00-10:45am	\$96/\$120	312505-1A

TOTS GYMNASTICS

Our young gymnasts use the scaled down gymnastics equipment in order to learn beginning skills. This class will teach strength, balance, flexibility, and discipline, along with play to further the student's physical development and coordination skills.

AGE: 3-5 | **INSTRUCTOR:** The Gymnastics Revolution

DAY	DATE	TIME	R/NR FEE	CODE
Tue	Aug 21-Oct 9	2:40-3:20pm	\$96/\$120	312505-1B
Thu	Aug 23-Oct 11	11:00-11:40am	\$96/\$120	312505-1C
Thu	Aug 23-Oct 11	2:40-3:20pm	\$96/\$120	312505-1D

BEGINNING GYMNASTICS

An introduction of gymnastics for children ages 5 and up as a tool for developing both physically and mentally. This program will teach strength, balance, coordination, flexibility and discipline. Through positive reinforcement, the children can learn the skills at their own pace.

AGE: 5-9 | **INSTRUCTOR:** The Gymnastics Revolution

DAY	DATE	TIME	R/NR FEE	CODE
Tue	Aug 21-Oct 9	3:30-4:20pm	\$96/\$120	322521-1A
Thu	Aug 23-Oct 11	3:30-4:20pm	\$96/\$120	322521-1C

BEGINNER/INTERMEDIATE GYMNASTICS

This class is designed for the older beginner or those who are ready to move up to the next level.

AGE: 8-14 | **INSTRUCTOR:** The Gymnastics Revolution

DAY	DATE	TIME	R/NR FEE	CODE
Thu	Aug 23-Oct 11	4:30-5:20pm	\$96/\$120	322521-1D

NINJA FITNESS

Come Challenge your inner ninja in our fun-filled Ninja Fitness program. Your child will learn how to train and strengthen their muscles while increasing confidence in their movement and abilities. While they learn about fitness through movement, they will also develop skills such as team building, camaraderie and perseverance. The kids will use obstacles and circuit-based activities to increase their endurance, strength, balance and coordination, all while in a controlled and safe environment. Come on out and show us your inner ninja!

AGE: 7-15 | **INSTRUCTOR:** The Gymnastics Revolution

DAY	DATE	TIME	R/NR FEE	CODE
Tue	Aug 21-Oct 9	4:30-5:20pm	\$96/\$120	322521-1G





YOUTH LEAGUES

The Palm Beach Gardens Youth Athletic Association (PBGYAA) is the City's recognized provider of youth recreational sports leagues. Please visit their website, www.pbgym.com, or call 561-594-2859 for information on upcoming leagues or to register.

FUTSAL (INDOOR SOCCER)

Futsal is a fast-paced, street style form of soccer that continues to grow in popularity. The program concludes with the Puma Cup tournament on Friday, August 10. No session July 4.

AGE: 7-18 | **INSTRUCTOR:** Palm Beach Soccer Academy

DAY	DATE	TIME	R/NR FEE	CODE
W/F	Jun 13-Aug 10	6:15-8:00pm	\$119/\$149	222504-1A

Drop-in price \$10/\$13

Photo courtesy of MamaBearfoot.photos >



SKATEPARK

GARDENS SKATE PARK

Both beginning and advanced level riders are welcome. Shaded spectator seating provides a great view of the action. Helmets are required. Skaters/bikers under the age of 18 must have a waiver on file and Skate ID Card. Skate ID may be received at Burns Road Recreation Center, 4404 Burns Road. The skate park is staffed during hours of operation. Skaters under 12 must be accompanied by a parent/guardian.

SKATE PARK HOURS (JUNE 4-AUGUST 10)

Hours will be 12:00-9:00pm on Wednesday, July 4.

- **MONDAY THRU SATURDAY 9:00AM-NOON**
 - Closed during Skate Jam Camps June 18-22 and July 23-27
 - Scooters only on Saturdays 9:00-10:00am
- **MONDAY THRU SUNDAY 4:00-9:00PM**
 - Bikes only on Wednesday/Saturday evenings

RIVERSIDE YOUTH

RIVERSIDE YOUTH ENRICHMENT CENTER

10170 Riverside Drive, Palm Beach Gardens, FL 33410

This licensed, APPLE accredited child-care facility was established to enhance physical and intellectual development in preschool age children. Teachers use a combination of child-initiated and teacher-directed activities to promote curiosity and learning through fun filled activities. Our program helps children learn how to use their developing language, thinking and motor skills.



We continue to offer STEM (Science, Technology, Engineering and Math) weekly in all age groups. This exciting addition to our curriculum allows students to be active, engaged, and take initiative in their own learning.

For additional information or to schedule a tour of our facility, please visit www.pbgrec.com/ryec or call 561.630.1130. Tours may be scheduled Monday-Friday between 9:00am-3:00pm.

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